

Learning Styles

How do you learn best? Check out the 3 learning styles to see which is your preferred way of learning and tips on how to maximize how you absorb, process and understand information.

VISUAL

You like use of images, maps, charts and graphic organizers.

Tips: Underline, highlight, use colored pens for topics, add pictures/images to lecture notes, use drawings and diagrams when studying, replace words with symbols and turn visuals into words.

AUDITORY

You prefer listening to information and talking with others to share/gain knowledge.

Tips: Explain ideas/concepts to others, use a tape recorder, read notes out loud, say answers out loud when studying for tests.

KINESTHETIC

You prefer a hands-on approach to learning.

Tips: Find ways to add sensory experiences to your learning, i.e., scents, experiments, videos, samples, jot down several examples in notes, write out as much as you can when practicing problems, and writing down answers, use case studies when possible.

Student Academic Success Center

For additional tips please schedule an appointment with an Academic Success Coach at student.success@tamusa.edu or call (210)784-1307.