



Well onTarget®

Health Kit | July 2020

# Hello!

## Here is your Health Kit for July 2020.

Please take a few minutes to distribute all materials via email. Also, be sure to print the poster and display it widely. Your dedication to wellness makes a difference. Thanks for your efforts!

Summer is a great time to get outside and enjoy the sun. This month's Health Kit offers information and tips to help you and your family stay safe and healthy all summer long!

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### Poster

Stay summer-savvy with the tips in this month's poster.

[Download Poster](#)

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### Brain Game

Complete this month's word search to find words associated with summer.

[Download Game](#)

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## Recipe

No matter the occasion, this fruity tortilla pizza is sure to be a hit!

[Download Recipe](#)

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## Short Video: Healthy Summer Treats

Take a bite out of summer with this quick video for a few sweet treat ideas..

[Watch Video](#)

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## Podcast: Myth-Busters

In this month's podcast, we're busting three common myths about sun safety.

[Listen](#)

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### Additional Information:

[For More Information on Summer Safety](#)

### Coming up...

Tune in next month for information on healthy snacks.