

To celebrate this season, people read Ramadan books, decorate homes with stars and crescent moons, share Ramadan greetings, involve children in meal preparation, and instill values of giving. Celebrations include Girgian (a 3 day festival), and Eid Al-Fitr (a end-of-Ramadan celebration).

During this religious holiday season, eating restrictions from sunrise to sunset are in place.

The day of Ramadan is also referred to as Eid al-Fitr.

During this holiday
you can say:
you can Mubarak!"
"Ramadan Mubarak!"
Or
"Blessed Ramadan!"

APRIL 2ND-MAY 4TH

The word Ramadan comes from the root word of 'ramdhaa' which means intense heat of the sun (referring to the season this event takes place). This holiday teaches kids about devotion, generosity, goodwill, and self-control. Ramadan relates to the history of prophet Muhammad and the first revelation of Sawm teachings.

Sources:

- 7 Ways to Celebrate Ramadan With Kids (thespruce.com)
- The History of Ramadan | 7D VARIETY

