

Lunar New Year

Feb 1st



TEXAS A&M UNIVERSITY - SAN ANTONIO
President's Commission on Equity
and Inclusive Excellence



TEXAS A&M UNIVERSITY
SAN ANTONIO

There are no dietary restrictions during this holiday, although foods include dumplings, spring rolls, cakes, fish and pork dishes. There is also a tradition of drinking traditional wines, and liquors.

The Lunar New Year in 2022 is the year of the tiger, according to the Chinese culture. Tigers are considered the foremost amongst all beasts and serves as a potent symbol of power, majesty, vigor and bravery. Similarly, the Chinese Lunar Calendar associates particular animals with each year of the cycle, such as rat, ox, tiger, rabbit, dragon, snake, horse, goat, monkey, rooster, dog and pig.

The most popular saying for this holiday is: "Happy New Year! Happy New Year and may all go well with you!"

The giving of red envelopes containing money is used, where elders usually give these to younger family members. The red envelope symbolizes prosperity & good fortune.