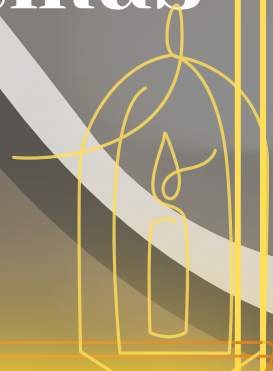




TEXAS A&M UNIVERSITY
SAN ANTONIO

Eastern Orthodox Christmas

JAN
7TH



Orthodox Christians greet each other on this holiday by saying; "Christ is born!"

On this holiday, there are dietary restrictions of fasting before January 7th.

Which is to exclude meat & dairy products.

Those observing this date celebrate by attending an Orthodox Christmas service, join in fasting, as well as giving gifts.

Many Orthodox churches base this religious holiday according to the Julian calendar. In some countries; white table clothing is used on dinner tables to symbolize purity & the cloth baby Jesus was wrapped in; giving spirit in Christmas.

CREDIT/SOURCES:

- **ORTHODOX CHRISTMAS DAY (TIMEANDDATE.COM)**
- **ORTHODOX CHRISTMAS DAY - JANUARY 7, 2022 - NATIONAL TODAY**



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President's Commission on Equity and Inclusive Excellence