

Guidelines on Isolation and Quarantine

We are instituting the following protocols to reflect the latest recommendations from the Centers for Disease Control and Prevention.

- We *no longer* require the completion of the RETURN TO CAMPUS Questionnaire.
- Knowing your COVID-19 status can help prevent you from spreading the virus to those around you by taking the necessary steps of isolating or quarantining when appropriate.
 - If exposed to COVID-19, please follow the guidance from the Centers for Disease Control and Prevention (“CDC”): [What to do if you were exposed to COVID-19](#)
 - If testing positive for COVID-19 or are showing symptoms of COVID-19, please follow the guidance from CDC: [What to do if you have tested positive or are showing symptoms of COVID-19](#)
- Students who test positive for COVID-19 will need to coordinate with their respective professors regarding any make-up work.
- Employees must provide Human Resources (benefits@tamusa.edu or Fax: (210) 784-2056) with a doctor’s certificate that indicates the cause or nature of the condition and the estimated recovery date, or other written statement of the facts if the employee misses more than three continuous working days due to the employee’s or a family member’s medical condition. Refer to [System Regulation, 31.03.02, Sick Leave](#) for more information.
- Employees with positions that lend themselves to remote work and, with the approval of their supervisor, may work remotely after testing positive for COVID-19 through the end of their COVID-19 isolation time frame.

If you have questions regarding updates to our COVID-19 guidelines, here are sources you can reach out to, depending on your question:

- Non-Academic Student concerns: dos@tamusa.edu
- Instructional or classroom needs: officeofacademicaffairs@tamusa.edu
- Employee benefit questions: benefits@tamusa.edu

Thank you for your continued support in our collective efforts to ensure the health and safety of our Jaguar community.