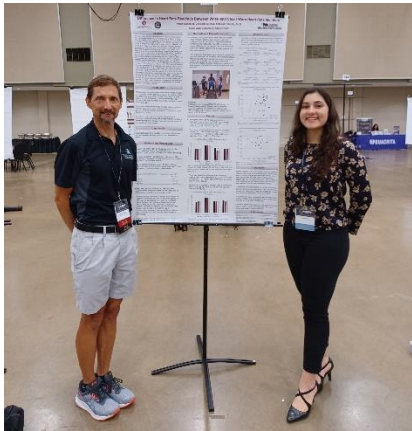


Activities in Kinesiology

Dr. John Smith took 19 Kinesiology students to the Texas Chapter of the American College of Sports Medicine 2023 Annual Meeting in Waco, TX on February 23-24th. This regional meeting focuses on the promotion and advancement of medical and other scientific knowledge related to sport and exercise.

This year's highlights conference highlights included over 170 presentations from students at Universities across the region, two of which included the A&M-SA Health & Kinesiology Program:

- Vania Gonzalez: [Difference between wrist and chest-worn heart rate monitors.](#)
- Isaiah Jackson: [Repetition differences between three curl-up tests for abdominal strength.](#)



This conference is very much student-oriented and a big attraction is the Student Bowl, which is a jeopardy-style academic event with kinesiology-related content. This year's competition included 35 teams of students from colleges and universities across Texas competing against each other for a chance to represent Texas at the ACSM national meeting's student bowl. Jordan Kappmeyer, Damiana Hernandez, and Jasmin Brown formed the team for A&M-SA.

At the Recognition and Awards Ceremony, Jordan was recognized by TACSM as the A&M-SA Kinesiology Major of the Year for 2022.

In addition to the above-mentioned students Cassandra Barrera, Jayne Burrhus, Mia Taglia, Jaelynn Barrera, Daniela Dominguez, Faith Ramirez, Danyel Valdez, Araceli Martinez, Katarina Fuentes, Kayla Escobar, Ethan Hermosa, Carlos Tamayo, Paco Solis, and Nick Tijerina also attended.

