

Texas A&M University San Antonio 21-22

Descriptive Statistics for Survey Items

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Sample				
N	441			
Response Rate	7.28%			
Respondent Characteristics				
Gender				
Female	80%	(0.76, 0.83)	68%	X
Male	18%	(0.14, 0.21)	28%	X
Other	2%	(0.01, 0.03)	4%	X
Race / Ethnicity*				
White / Caucasian	29%	(0.25, 0.33)	67%	X
Black / African American	8%	(0.05, 0.10)	8%	
Hispanic / Latino	76%	(0.72, 0.80)	15%	X
American Indian or Alaska Native	2%	(0.01, 0.04)	1%	
Arab / Middle Eastern	2%	(0.01, 0.03)	2%	
Asian / Asian American	2%	(0.01, 0.04)	15%	X
Pacific Islander	1%	(0.00, 0.02)	1%	
Other	1%	(0.00, 0.02)	2%	
Country				
International	1%	(0.00, 0.02)	8%	X
Residence				
Campus residence hall	10%	(0.07, 0.13)	27%	X
Campus apartment	0%	(0.00, 0.01)	7%	X
Fraternity / sorority house	0%	(0.00, 0.00)	1%	
On- or off-campus co-operative housing	2%	(0.01, 0.03)	1%	
Off-campus, non-university housing	36%	(0.31, 0.40)	36%	
Off campus, in my parent(s) /guardian(s)/relatives' home	44%	(0.39, 0.49)	19%	X
Other	4%	(0.02, 0.06)	3%	
Degree Program				
Associates	2%	(0.01, 0.03)	16%	X
Bachelors	85%	(0.82, 0.89)	60%	X
Masters	10%	(0.07, 0.13)	11%	
JD	0%	(0.00, 0.00)	1%	
MD	0%	(0.00, 0.00)	1%	X
PhD or equivalent	0%	(0.00, 0.00)	6%	X
Other	0%	(0.00, 0.01)	3%	X
Non-degree	0%	(0.00, 0.01)	2%	X

*participants can select more than one race/ethnicity; totals may exceed 100%

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Age				
18-22	50%	(0.45, 0.55)	67%	X
23-25	16%	(0.12, 0.19)	12%	X
26-30	11%	(0.08, 0.14)	10%	
31+	23%	(0.19, 0.27)	11%	X
Highest educational attainment of either parent				
Less than high school degree	15%	(0.11, 0.18)	5%	X
High school degree	17%	(0.14, 0.21)	10%	X
Some college, no degree	19%	(0.15, 0.22)	10%	X
College degree	31%	(0.27, 0.35)	34%	
Graduate degree	10%	(0.07, 0.13)	33%	X
Religiosity				
Very important	18%	(0.15, 0.22)	15%	
Important	21%	(0.17, 0.25)	17%	X
Neutral	33%	(0.29, 0.38)	24%	X
Unimportant	9%	(0.07, 0.12)	15%	X
Very unimportant	13%	(0.10, 0.16)	22%	X
Current financial situation				
Always stressful	20%	(0.16, 0.23)	14%	X
Often stressful	31%	(0.27, 0.35)	23%	X
Stressful	33%	(0.29, 0.38)	34%	
Rarely Stressful	13%	(0.10, 0.16)	19%	X
Never Stressful	2%	(0.01, 0.03)	7%	X
Financial situation growing up				
Always stressful	26%	(0.22, 0.30)	12%	X
Often stressful	29%	(0.25, 0.34)	17%	X
Stressful	24%	(0.20, 0.29)	26%	
Rarely Stressful	14%	(0.10, 0.17)	26%	X
Never Stressful	6%	(0.04, 0.08)	16%	X
Relationship Status				
Single	37%	(0.33, 0.42)	47%	X
In a relationship	32%	(0.28, 0.37)	33%	
Married	23%	(0.19, 0.27)	12%	X
Divorced	1%	(0.00, 0.02)	1%	
Sexual Orientation				
Heterosexual	73%	(0.69, 0.77)	70%	
Bisexual	7%	(0.04, 0.09)	5%	
Gay / Lesbian	13%	(0.10, 0.16)	14%	
Queer	2%	(0.01, 0.03)	5%	X
Questioning	2%	(0.01, 0.04)	4%	
Other	0%	(0.00, 0.01)	2%	X

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Chronic Disease				
Diabetes	3%	(0.01, 0.05)	1%	X
High blood pressure	5%	(0.03, 0.08)	3%	X
Asthma	14%	(0.11, 0.17)	13%	
Thyroid disease (e.g., hypothyroid or hyperthyroid)	4%	(0.02, 0.06)	3%	
Gastrointestinal disease (e.g., Crohn's Disease, Ulcerative Colitis)	3%	(0.01, 0.04)	3%	
Arthritis	3%	(0.01, 0.04)	2%	
Sickle cell anemia	0%	(0.00, 0.01)	0%	
Seizure disorders (e.g., epilepsy)	0%	(0.00, 0.01)	1%	
Cancers	1%	(0.00, 0.01)	1%	
High cholesterol	4%	(0.02, 0.06)	2%	X
HIV/AIDS	0%	(0.00, 0.00)	0%	
Other autoimmune disorder (please specify)	2%	(0.00, 0.03)	2%	
Other chronic disease	3%	(0.01, 0.04)	5%	X
Mental Health Measures				
Positive Mental Health				
Flourishing Scale (8-56)	40.3	(39.03, 41.57)	38.8	X
In flourishing range (48-56)	36%	(0.31, 0.40)	30%	X
Depression (PHQ-9)				
Overall score (0-27)	10.0	(9.31, 10.61)	9.5	
In moderately severe to severe range (15-27)	25%	(0.21, 0.29)	23%	
In moderate range (10-14)	23%	(0.18, 0.27)	21%	
Any depression (10-27)	48%	(0.43, 0.53)	43%	
Impairment from depression*				
Not difficult at all	20%	(0.16, 0.24)	17%	
Somewhat difficult	46%	(0.41, 0.51)	46%	
Very difficult	15%	(0.11, 0.18)	16%	
Extremely difficult	7%	(0.05, 0.09)	7%	
Generalized anxiety (GAD-7)				
Overall score (0-21)	8.7	(8.14, 9.30)	8.3	
In moderate range (10-14)	20%	(0.16, 0.24)	20%	
In severe range (15-21)	19%	(0.15, 0.22)	18%	
Any anxiety (10-21)	39%	(0.34, 0.44)	38%	
Depression/Anxiety				
Depression or anxiety symptoms	53%	(0.48, 0.58)	51%	
Disordered eating & body image				
Probable eating disorder (3+ on SCOFF)	19%	(0.16, 0.23)	15%	X
Need to be very thin to feel good about self	34%	(0.30, 0.39)	33%	

*How difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Academic impairment from mental health, past 4 weeks**				
None	10%	(0.07, 0.13)	14%	X
1-2 days	27%	(0.22, 0.31)	28%	
3-5 days	30%	(0.26, 0.34)	26%	
6 or more days	29%	(0.25, 0.33)	25%	
Self-Injury and Suicide				
Non-suicidal self-injury, past year				
Any	23%	(0.19, 0.27)	28%	X
Cutting self	4%	(0.02, 0.06)	6%	
Burning self	1%	(0.00, 0.02)	2%	
Punching or banging self	6%	(0.04, 0.08)	10%	X
Scratching self	7%	(0.05, 0.10)	10%	X
Biting self	5%	(0.02, 0.06)	9%	
Interfering with wound healing	5%	(0.03, 0.07)	9%	X
Carving words or symbols in skin	0%	(0.00, 0.00)	1%	
Rubbing sharp objects on skin	3%	(0.02, 0.05)	3%	
Punching or banging wall or object	5%	(0.03, 0.07)	7%	
Other	1%	(0.00, 0.02)	2%	
Suicidality				
Seriously thought about attempting suicide, past year	13%	(0.10, 0.16)	14%	
Made a plan for attempting suicide, past year (among those with suicidal ideation)	31%	(0.18, 0.43)	41%	
Attempted suicide, past year (among those with suicidal ideation)	10%	(0.02, 0.18)	9%	
Previous Diagnosis of Mental Disorders				
Mental disorders				
Any	43%	(0.38, 0.48)	47%	
Depression (e.g., major depressive disorder, persistent depressive disorder)	24%	(0.20, 0.28)	26%	
Anxiety (e.g., generalized anxiety disorder, phobias)	28%	(0.23, 0.32)	31%	
Bipolar (e.g., bipolar I or II, cyclothymia)	2%	(0.01, 0.04)	3%	
Obsessive-compulsive or related disorders (e.g., obsessive-compulsive disorder, body dysmorphia)	2%	(0.01, 0.04)	5%	X
Trauma and stressor related disorders (e.g., post-traumatic stress disorder)	9%	(0.06, 0.11)	8%	

**How many days have you felt that emotional or mental difficulties have hurt your academic performance?

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
<i>Mental disorders, continued</i>				
Neurodevelopmental disorder or intellectual disability (e.g., attention deficit disorder, intellectual disability, autism spectrum disorder)	6%	(0.04, 0.08)	8%	
Psychosis (e.g., schizophrenia, schizo-affective disorder)	0%	(0.00, 0.01)	0%	
Personality disorder (e.g., antisocial personality disorder, paranoid personality disorder)	2%	(0.00, 0.03)	1%	
Eating disorder (e.g., anorexia nervosa, bulimia nervosa)	2%	(0.01, 0.04)	5%	X
Substance use disorder (e.g., alcohol abuse, abuse of other drugs)	1%	(0.00, 0.02)	1%	
Health Behaviors and Lifestyle				
<i>Substance use, past 30 days</i>				
Cigarettes	12%	(0.09, 0.15)	24%	X
Vape pen or E-Cigarette	11%	(0.08, 0.14)	16%	X
Marijuana	12%	(0.09, 0.15)	18%	X
Cocaine	1%	(0.00, 0.01)	1%	
Heroin	0%	(0.00, 0.00)	0%	
Methamphetamines	0%	(0.00, 0.01)	0%	X
Other stimulants without a prescription or more than prescribed	1%	(0.00, 0.01)	1%	
MDMA (also known as Ecstasy or Molly)	0%	(0.00, 0.00)	0%	
Opioid pain relievers without a prescription or more than prescribed	1%	(0.00, 0.01)	0%	
Benzodiazepenes	1%	(0.00, 0.02)	0%	X
Ketamine (also known as K, Special K)	0%	(0.00, 0.00)	0%	
LSD (also known as acid)	0%	(0.00, 0.01)	0%	
Psilocybin (also known as magic mushrooms, boomers, shrooms)	1%	(0.00, 0.01)	1%	
Kratom	0%	(0.00, 0.01)	0%	
Athletic performance enhancers	0%	(0.00, 0.00)	0%	
Other drugs without a prescription	0%	(0.00, 0.01)	0%	
<i>Violence</i>				
Have been struck or physically injured by another person in the past 12 months	0%	(0.00, 0.00)	1%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Help-Seeking				
<i>I know where to go to access resources</i>				
Agree or strongly agree	79%	(0.75, 0.83)	76%	
<i>Think you needed help for emotional or mental health problems, past year</i>				
Strongly Agree	30%	(0.26, 0.34)	30%	
Agree	18%	(0.15, 0.22)	18%	
Somewhat agree	14%	(0.11, 0.18)	14%	
Somewhat disagree	6%	(0.04, 0.08)	5%	
Disagree	11%	(0.08, 0.14)	11%	
Strongly disagree	10%	(0.08, 0.13)	10%	
Did not answer	10%	(0.07, 0.13)	12%	
<i>Psychotropic medication</i>				
Current	18%	(0.14, 0.22)	25%	X
Any, past 12 months	22%	(0.18, 0.26)	29%	X
Antidepressants	13%	(0.10, 0.16)	19%	X
Anti-anxiety medications	7%	(0.05, 0.10)	8%	
Psychostimulants	4%	(0.02, 0.05)	6%	
Anti-psychotics	1%	(0.00, 0.01)	1%	
Mood stabilizers	2%	(0.01, 0.03)	2%	
Sleep medications	5%	(0.03, 0.06)	4%	
Other	1%	(0.00, 0.02)	2%	
<i>Prescriber</i>				
General practitioner/nurse	68%	(0.58, 0.78)	56%	X
Psychiatrist	31%	(0.21, 0.40)	43%	X
Other type of health provider	0%	(0.00, 0.00)	3%	
No prescription	7%	(0.02, 0.13)	3%	X
<i>How helpful do you think the medication(s) was or has been for your mental or emotional health?</i>				
Very helpful	36%	(0.26, 0.47)	40%	
Helpful	35%	(0.25, 0.46)	31%	
Somewhat helpful	20%	(0.11, 0.29)	22%	
Not helpful	8%	(0.02, 0.14)	7%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
<i>Whom would you talk to, if you were experiencing severe emotional distress?</i>				
Professional clinician	36%	(0.32, 0.41)	40%	
Roommate	8%	(0.05, 0.10)	18%	X
Friend (who is not a roommate)	40%	(0.35, 0.44)	46%	X
Significant other	39%	(0.34, 0.43)	36%	
Family member	41%	(0.36, 0.45)	45%	
Religious counselor or other religious contact	6%	(0.04, 0.08)	5%	
Support group	5%	(0.03, 0.07)	3%	
Other non-clinical source	1%	(0.00, 0.02)	1%	
No one	11%	(0.08, 0.14)	8%	X
<i>Therapy or counseling for mental health</i>				
Past year	33%	(0.28, 0.37)	39%	X
Current (among those with any)	40%	(0.32, 0.49)	55%	X
<i>Visits in past year, among those with any</i>				
1-3	46%	(0.37, 0.54)	27%	X
4-6	24%	(0.17, 0.32)	20%	
7-9	17%	(0.10, 0.23)	12%	
10 or more	13%	(0.07, 0.19)	41%	X

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
<i>Use of specific providers for therapy or counseling</i>				
Campus Provider A	41%	(0.33, 0.50)	40%	
Campus Provider B	1%	(-0.01, 0.02)	5%	X
Campus Provider C	0%	(0.00, 0.00)	0%	
Psychiatric emergency services	1%	(-0.01, 0.02)	3%	
Inpatient psychiatric hospital	2%	(-0.01, 0.04)	4%	
Partial hospitalization program	0%	(0.00, 0.00)	2%	
Provider in the local community (not on campus)	37%	(0.29, 0.46)	29%	X
Provider in another location (such as hometown)	14%	(0.08, 0.20)	46%	X
Other	14%	(0.08, 0.20)	6%	X
<i>How were your counseling or therapy sessions conducted?</i>				
In-person only	25%	(0.18, 0.33)	32%	
Remote/telehealth only	51%	(0.43, 0.60)	47%	
Both in-person and remote	26%	(0.18, 0.33)	37%	X
<i>How helpful do you think therapy or counseling was or has been for your mental or emotional health?</i>				
Very helpful	36%	(0.30, 0.43)	34%	
Helpful	28%	(0.22, 0.35)	27%	
Somewhat helpful	26%	(0.20, 0.32)	25%	
Not helpful	9%	(0.05, 0.13)	13%	
<i>Any medication or therapy for mental health</i>				
Past year	41%	(0.36, 0.45)	47%	X
<i>Any visit to a health provider</i>				
Past year	61%	(0.56, 0.66)	75%	X
<i>Received counseling or support for mental health from these sources, past year</i>				
Roommate	6%	(0.04, 0.08)	16%	X
Friend (other than roommate)	33%	(0.28, 0.37)	41%	X
Significant other	32%	(0.28, 0.37)	30%	
Family member	29%	(0.24, 0.33)	37%	X
Religious contact	2%	(0.01, 0.04)	3%	
Support group	2%	(0.01, 0.04)	2%	
Faculty member/professor	0%	(0.00, 0.01)	1%	
Staff member	33%	(0.29, 0.38)	24%	X
Other non-clinical source	2%	(0.01, 0.04)	4%	X
None of the above	0%	(0.00, 0.01)	2%	X

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Satisfaction with Therapy: Campus Providers				
<i>Convenient hours</i>				
Very dissatisfied	4%	(-0.01, 0.09)	5%	
Dissatisfied	2%	(-0.02, 0.05)	7%	
Somewhat dissatisfied	9%	(0.01, 0.17)	10%	
Somewhat satisfied	19%	(0.08, 0.29)	22%	
Satisfied	41%	(0.28, 0.54)	39%	
Very satisfied	26%	(0.14, 0.38)	20%	
<i>Location</i>				
Very dissatisfied	4%	(-0.01, 0.09)	3%	
Dissatisfied	7%	(0.00, 0.14)	4%	
Somewhat dissatisfied	7%	(0.00, 0.14)	7%	
Somewhat satisfied	15%	(0.05, 0.24)	17%	
Satisfied	35%	(0.22, 0.48)	46%	
Very satisfied	33%	(0.21, 0.46)	26%	
<i>Quality of therapists</i>				
Very dissatisfied	6%	(-0.01, 0.12)	5%	
Dissatisfied	6%	(-0.01, 0.12)	7%	
Somewhat dissatisfied	4%	(-0.01, 0.09)	9%	
Somewhat satisfied	7%	(0.00, 0.14)	19%	X
Satisfied	43%	(0.29, 0.56)	34%	
Very satisfied	37%	(0.24, 0.50)	29%	
<i>Respect for privacy concerns</i>				
Very dissatisfied	4%	(-0.01, 0.09)	2%	
Dissatisfied	0%	(0.00, 0.00)	1%	
Somewhat dissatisfied	4%	(-0.01, 0.09)	2%	
Somewhat satisfied	4%	(-0.01, 0.09)	10%	
Satisfied	39%	(0.26, 0.52)	43%	
Very satisfied	50%	(0.37, 0.63)	44%	
<i>Ability to schedule appointments without long delays</i>				
Very dissatisfied	6%	(-0.01, 0.12)	11%	
Dissatisfied	4%	(-0.01, 0.09)	10%	
Somewhat dissatisfied	4%	(-0.01, 0.09)	11%	
Somewhat satisfied	13%	(0.04, 0.22)	16%	
Satisfied	39%	(0.26, 0.52)	31%	
Very satisfied	35%	(0.22, 0.48)	25%	
<i>Respect and consideration for my cultural/racial background</i>				
Very dissatisfied	6%	(-0.01, 0.12)	2%	X
Dissatisfied	0%	(0.00, 0.00)	1%	
Somewhat dissatisfied	0%	(0.00, 0.00)	3%	
Somewhat satisfied	4%	(-0.01, 0.09)	11%	
Satisfied	43%	(0.29, 0.56)	44%	
Very satisfied	48%	(0.35, 0.62)	41%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Satisfaction with Therapy: Non-Campus Providers				
<i>Convenient hours</i>				
Very dissatisfied	4%	(-0.01, 0.09)	5%	
Dissatisfied	2%	(-0.02, 0.05)	7%	
Somewhat dissatisfied	9%	(0.01, 0.17)	10%	
Somewhat satisfied	19%	(0.08, 0.29)	22%	
Satisfied	41%	(0.28, 0.54)	39%	
Very satisfied	26%	(0.14, 0.38)	20%	
<i>Location</i>				
Very dissatisfied	4%	(-0.01, 0.09)	3%	
Dissatisfied	7%	(0.00, 0.14)	4%	
Somewhat dissatisfied	7%	(0.00, 0.14)	7%	
Somewhat satisfied	15%	(0.05, 0.24)	17%	
Satisfied	35%	(0.22, 0.48)	46%	
Very satisfied	33%	(0.21, 0.46)	26%	
<i>Quality of therapists</i>				
Very dissatisfied	6%	(-0.01, 0.12)	5%	
Dissatisfied	6%	(-0.01, 0.12)	7%	
Somewhat dissatisfied	4%	(-0.01, 0.09)	9%	
Somewhat satisfied	7%	(0.00, 0.14)	19%	X
Satisfied	43%	(0.29, 0.56)	34%	
Very satisfied	37%	(0.24, 0.50)	29%	
<i>Respect for privacy concerns</i>				
Very dissatisfied	4%	(-0.01, 0.09)	2%	
Dissatisfied	0%	(0.00, 0.00)	1%	
Somewhat dissatisfied	4%	(-0.01, 0.09)	2%	
Somewhat satisfied	4%	(-0.01, 0.09)	10%	
Satisfied	39%	(0.26, 0.52)	43%	
Very satisfied	50%	(0.37, 0.63)	44%	
<i>Ability to schedule appointments without long delays</i>				
Very dissatisfied	6%	(-0.01, 0.12)	11%	
Dissatisfied	4%	(-0.01, 0.09)	10%	
Somewhat dissatisfied	4%	(-0.01, 0.09)	11%	
Somewhat satisfied	13%	(0.04, 0.22)	16%	
Satisfied	39%	(0.26, 0.52)	31%	
Very satisfied	35%	(0.22, 0.48)	25%	
<i>Respect and consideration for my cultural/racial background</i>				
Very dissatisfied	6%	(-0.01, 0.12)	2%	X
Dissatisfied	0%	(0.00, 0.00)	1%	
Somewhat dissatisfied	0%	(0.00, 0.00)	3%	
Somewhat satisfied	4%	(-0.01, 0.09)	11%	
Satisfied	43%	(0.29, 0.56)	44%	
Very satisfied	48%	(0.35, 0.62)	41%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Barriers and Facilitators to Help-Seeking				
<i>Reasons for seeking help</i>				
Decided on my own	27%	(0.23, 0.31)	32%	X
Friend encouraged or pressured me	5%	(0.03, 0.07)	8%	X
Family member encouraged or pressured me	1%	(0.00, 0.02)	1%	
Other person encouraged or pressured me	8%	(0.05, 0.10)	13%	X
A campus advisor mandated me to seek help by campus staff	1%	(0.00, 0.02)	3%	X
I acquired more information about my options	2%	(0.00, 0.03)	2%	
A campus advisor referred me to seek help	0%	(0.00, 0.01)	0%	
Health professional recommended help	2%	(0.00, 0.03)	1%	
Other reasons	0%	(0.00, 0.00)	0%	
<i>Reasons for receiving no or fewer services for mental health</i>				
I haven't gone yet but I plan to	8%	(0.06, 0.11)	5%	X
No need for services	21%	(0.17, 0.24)	20%	
Financial reasons	14%	(0.11, 0.17)	7%	X
Not enough time	10%	(0.07, 0.13)	9%	
Not sure where to go	11%	(0.08, 0.14)	8%	X
Difficulty finding an appointment	2%	(0.01, 0.03)	3%	
Prefer to deal with issues on my own or with support from family/friends	12%	(0.09, 0.15)	11%	
Privacy concerns	2%	(0.01, 0.04)	2%	
People providing services don't understand me	6%	(0.04, 0.08)	5%	
Other	4%	(0.02, 0.06)	3%	
No barriers	1%	(0.00, 0.02)	2%	
<i>Source of health insurance</i>				
None (uninsured)	20%	(0.16, 0.23)	3%	X
Parent's employer	32%	(0.28, 0.37)	51%	X
Own employer	13%	(0.10, 0.16)	8%	X
Spouse's employer	7%	(0.04, 0.09)	3%	X
Student plan	1%	(0.00, 0.02)	12%	X
Embassy or other international source	0%	(0.00, 0.00)	0%	
Individual market	3%	(0.02, 0.05)	2%	X
Public insurance	12%	(0.09, 0.15)	9%	
Uncertain whether insured	2%	(0.01, 0.03)	1%	X
Insured but uncertain of source	4%	(0.02, 0.06)	2%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
<i>Plan provides any coverage for local mental health visits</i>				
Yes, it definitely would	30%	(0.25, 0.35)	27%	
I think it would but am not sure	19%	(0.15, 0.23)	26%	X
I have no idea	26%	(0.22, 0.31)	23%	
I think it would not but am not sure	6%	(0.03, 0.08)	6%	
No, it definitely would not	5%	(0.03, 0.07)	3%	X
<i>Plan meets needs for mental health services</i>				
Have not needed plan to cover services	18%	(0.14, 0.22)	20%	
Yes, everything I have needed is covered	23%	(0.19, 0.27)	24%	
No, the coverage is inadequate to meet my needs	8%	(0.05, 0.11)	8%	
Unsure	38%	(0.33, 0.43)	33%	X
Supportiveness of Academic and Social Environment				
<i>Talked with any academic personnel about mental health problems affecting performance</i>				
Past year	14%	(0.11, 0.18)	18%	
<i>Supportiveness of response by academic personnel</i>				
Very supportive	53%	(0.40, 0.66)	48%	
Supportive	40%	(0.28, 0.53)	42%	
Not supportive	4%	(-0.01, 0.08)	7%	
Very unsupportive	2%	(-0.02, 0.05)	3%	
<i>Whom would you talk to about mental health problems affecting academic performance</i>				
Professor from one of my classes	30%	(0.26, 0.34)	31%	
Academic advisor	25%	(0.21, 0.29)	26%	
Another faculty member	4%	(0.02, 0.06)	5%	
Teaching assistant	1%	(0.00, 0.01)	2%	X
Student services staff	13%	(0.10, 0.17)	10%	X
Dean of Students or Class Dean	2%	(0.01, 0.04)	5%	X
Other	6%	(0.04, 0.08)	4%	
None of the above	37%	(0.32, 0.41)	33%	
<i>Persistence / Retention</i>				
I am confident that I will finish my degree no matter the challenges	76%	(0.72, 0.80)	77%	

Measure	All Students (%)	95% Confidence Interval	National Sample (%)	Significantly Different from National Sample
Ethnicity Subcategories*				
Black				
African	11%	(0.01, 0.22)	20%	
African American	86%	(0.74, 0.97)	66%	X
African Caribbean	20%	(0.07, 0.33)	15%	
Afro-Latina/o/x	11%	(0.01, 0.22)	7%	
Other	3%	(-0.03, 0.08)	6%	
Asian				
East Asian (e.g., Chinese, Japanese, Korean, Taiwanese)	36%	(0.07, 0.66)	53%	
Southeast Asian (e.g., Cambodian, Vietnamese, Hmong)	27%	(0.00, 0.55)	13%	
South Asian (e.g., Indian, Pakistani, Nepalese, Sri Lankan)	27%	(0.00, 0.55)	25%	
Filipina/o/x	45%	(0.15, 0.76)	9%	X
Other	0%	(0.00, 0.00)	2%	
Hispanic				
Mexican/Mexican American	91%	(0.88, 0.94)	54%	
Central American	5%	(0.03, 0.08)	11%	X
South American	3%	(0.01, 0.05)	16%	
Caribbean	2%	(0.00, 0.03)	13%	
Other	4%	(0.02, 0.06)	7%	

*participants can select more than one race/ethnicity; totals may exceed 100%

Note: the confidence intervals are wide for these numbers, because the sample sizes are small